



HHH Institute

Holistic Harmony Haven · Calgary, Alberta, Canada

Instructor CV Package

HHH Institute Faculty — Accreditation Submission

A curated portfolio of faculty curricula vitae prepared for accreditation review, including the founder/director's full CV and reserved-position templates for future appointments.

Document Version	1.0
Effective Date	2026-06-18
Document Owner	Pardeep Kaur Randhawa, Director
Review Cycle	Annually, every June
Institution	HHH Institute — Holistic Harmony Haven

About This Document

This CV Package profiles the current and planned faculty of HHH Institute (the educational arm of Holistic Harmony Haven) for inclusion in accreditation submissions. It documents the qualifications, experience, and continuing-education records of our teaching team, and establishes a consistent CV format that all current and future instructors will follow.

Minimum Instructor Qualifications

Every HHH Institute instructor must meet the following baseline standards, verified at appointment and maintained throughout their tenure:

- A post-secondary credential in a relevant health, nutrition, or complementary-medicine field.
- A minimum of three (3) years of practitioner or applied professional experience in the subject taught.
- Current, documented continuing-professional-development (CPD) records.
- Valid professional liability / malpractice insurance appropriate to their scope.
- A current vulnerable-sector check (police information check) for any instructor delivering live cohort work.

International faculty capacity: HHH Institute is actively developing its international faculty, including instructors based in India, to support future regional delivery and university collaborations under development. All international faculty will meet the same minimum qualifications, adapted to local equivalencies.

Scope reminder: HHH Institute faculty teach within an educational scope. Our programs lead to certificates of completion, not licenses; instructors model appropriate referral to licensed professionals and do not present the curriculum as authorizing diagnosis, prescription, or treatment.

Faculty Roster Summary

The table below summarizes the faculty profiled in this package. Full CVs follow.

Faculty Member	Role / Track	Status	CV
Pardeep Kaur Randhawa	Founder & Director; Lead Instructor (Nutrition & Holistic Medicine)	Active	CV 1
Reserved — Functional Nutrition	Lead Instructor, Functional Nutrition Track	Open — recruiting	CV 2
Reserved — Homeopathic Medicine	Lead Instructor, Homeopathic Medicine Track	Pending Q4 2026	CV 3

As HHH Institute grows, additional faculty — including international instructors based in India for future regional delivery and university collaborations under development — will be added to this roster using the same CV format and minimum-qualification standards.

Pardeep Kaur Randhawa

Founder & Director · HHH Institute / Holistic Harmony Haven

Calgary, Alberta, Canada · info@holisticharmonyhaven.com · Languages: English, Punjabi, Hindi, Urdu

This is a completed CV. Items marked [... please confirm] should be finalized by Ms. Randhawa before submission; do not alter the factual record without confirmation.

Professional Summary

Functional and holistic medicine practitioner, educator, and founder of Holistic Harmony Haven — an integrated clinic, laboratory-services provider, and educational institute based in Calgary, Alberta. Combines a pharmaceutical and compounding background with advanced training in functional and holistic medicine to deliver root-cause, evidence-informed wellness education. Specializes in kidney health and IgA nephropathy support, autoimmune protocols, drug-herb interactions, herbal medicine, acupuncture, and nutritional therapeutics. Founder and director of HHH Institute, where she designs curricula, leads instruction, and oversees academic standards and accreditation strategy.

Credentials & Certifications

- Certified Functional Medicine & Holistic Medicine Practitioner [certifying body and year — please confirm]
- Pharmaceutical & Compounding professional background [credential, licensing body, and dates — please confirm]
- Acupuncture training / certification [program and year — please confirm]
- Herbal medicine / nutritional therapeutics training [program and year — please confirm]
- Additional certifications [list any further relevant credentials]

Education

Advanced studies — Microbiology coursework

In progress

CITCM (Canadian Institute of Traditional Chinese Medicine) [program / status — please confirm]

- Currently pursuing advanced coursework including microbiology to deepen clinical-science foundations.
- [Add expected completion date and any interim certificates]

Functional & Holistic Medicine training

[year-year — please confirm]

[institution name — please confirm]

- Comprehensive training in functional and holistic medicine principles and clinical application.

Pharmaceutical & Compounding education

[year–year — please
confirm]

[institution name — please confirm]

- Foundational education underpinning expertise in drug–herb interactions and compounding.

Professional Experience

Founder & Director

[start year — please confirm] – Present

HHH Institute (educational arm of Holistic Harmony Haven), Calgary, AB

- Founded and directs the Institute's certificate and flagship programs in holistic and complementary health education.
- Designs curricula, authors course and assessment materials, and leads the accreditation strategy (IPHM and CPD certification achieved; Health Coach Alliance, IONC, IACET, IAYT and other pathways in development).
- Sets academic standards, scope-of-practice policy, and faculty-development requirements.

Founder & Lead Practitioner

[start year — please confirm] – Present

Holistic Harmony Haven Clinic & Lab Services, Calgary, AB

- Provides functional and holistic wellness consultations within an educational, non-diagnostic scope, with referral to licensed medical professionals as appropriate.
- Oversees integrated clinic and laboratory-services operations.
- Develops protocols in kidney health, autoimmune support, and nutritional therapeutics.

Pharmacy & Compounding roles

[year-year — please confirm]

[employer name(s)], [location]

- Pharmaceutical and compounding practice [summarize responsibilities and scope]
- Built expertise in medication management and drug-herb interaction awareness.

Teaching Experience

Lead Instructor & Curriculum Author

[start year — please confirm] – Present

HHH Institute, Calgary, AB (online-first; Thinkific LMS)

- Teaches across the Holistic Nutrition, Functional Nutrition, Holistic Practice, and Holistic Medicine certificate programs.
- Develops module-by-module course outlines, multi-format assessments, and rubrics aligned to measurable learning outcomes.
- Mentors learners on both Personal and Practitioner tracks within an educational scope.

Teaching Philosophy

My teaching is grounded in a warm, root-cause, evidence-informed approach to wellness education. I believe learners retain and apply knowledge best when it is connected to physiology, to credible evidence, and to their own lived experience. Courses are built using backward design — measurable learning outcomes first, then assessments and modules that map directly to them — so that every activity has a clear purpose.

I hold scope-of-practice at the center of all instruction: HHH Institute learners earn certificates of completion, not licenses, and I consistently model how to support and educate clients while referring to licensed professionals for diagnosis and treatment. I foster an inclusive, accessible learning environment across both Personal and Practitioner tracks, and I treat learner feedback as essential data for continuous improvement.

Programs & Curricula Developed

Designed and authored the curricula, assessments, and rubrics for the following HHH Institute offerings:

Program / Course	Type	Role
Certificate in Holistic Nutrition	Certificate	Author & Instructor
Certificate in Functional Nutrition	Certificate	Author & Instructor
Certificate in Holistic Practice	Certificate	Author & Instructor
Certificate in Holistic Medicine	Certificate	Author & Instructor
Full Functional Nutritional Medicine	Flagship (in development)	Lead Designer
Full Holistic Medicine / Full Natural Medicine	Flagship (in development)	Lead Designer
Kidney Reset · Autoimmune Detective · 30-Day Wellness Reset	Short courses	Author

Confirm authorship credits and development status for flagship programs before submission.

Clinical Specializations

- Kidney disease and IgA nephropathy — educational, supportive nutrition and lifestyle approaches.
- Autoimmune protocols and root-cause wellness strategies.
- Drug-herb interactions and medication-awareness education.

- Herbal medicine and botanical-support education.
- Acupuncture [scope and setting — please confirm].
- Nutritional therapeutics and functional-nutrition education.

Research & Continuing Education

- Ongoing advanced coursework including CITCM microbiology studies [status — please confirm]
- Continuing professional development in functional and holistic medicine [list recent CPD, hours]
- Research interests: [e.g., nutritional support in chronic kidney conditions; drug–herb safety]
- Maintains current CPD records consistent with the Institute’s faculty-development policy.

Selected Authored Works (2024–2026)

A selection of books and educational resources authored by Ms. Randhawa:

Title	Type	Year
<i>The First Breath</i>	[book / guide]	[year]
<i>The Resilient Body</i>	[book / guide]	[year]
<i>The Rhythm Within</i>	[book / guide]	[year]
<i>The Sacred Cycle</i>	[book / guide]	[year]
<i>The Inner Garden</i>	[book / guide]	[year]
<i>The Quiet Return</i>	[book / guide]	[year]
<i>Quieting the Fire</i>	[book / guide]	[year]
<i>Functional Detox Drinks</i>	[book / guide]	[year]
<i>Holistic Harmony Haven Detox Recipes</i>	[book / guide]	[year]

Confirm publication formats, years, ISBNs, and publishers where applicable before submission.

Languages

Language	Proficiency
English	[fluent / professional]
Punjabi	[native / fluent]
Hindi	[fluent]
Urdu	[fluent / conversational]

Professional Memberships

- CANNP — Canadian Association of Natural Nutritional Practitioners [Member No. NN1747 — please confirm]
- CAHN-Pro — Canadian Association of Holistic Nutrition Professionals [Member No. MFN10061 — please confirm]
- Additional memberships [list any further professional associations]

Speaking, Workshops & Community Education

- Public workshops and webinars on holistic and functional nutrition [list notable engagements, venues, and dates]
- Community wellness education sessions [organizations / audiences]
- Guest contributions / interviews [podcasts, publications, dates]

Professional Affiliations & Recognition Pathways

HHH Institute, under Ms. Randhawa's direction, holds or is pursuing the following accreditation and recognition pathways. Status is stated accurately and must not be overstated:

Body	Status
IPHM — International Practitioners of Holistic Medicine	Achieved (Phase 1)
CPD — Continuing Professional Development certification	Achieved (Phase 1)
IICT — International Institute for Complementary Therapists	Recognition pathway in development
Health Coach Alliance	Pathway in development (primary)
IONC · IACET · IAYT	Pathways in development
CANNP (NN1747) · CAHN-Pro (MFN10061)	[membership numbers — please confirm]

References

References available upon request.

End of CV 1 — Pardeep Kaur Randhawa.

Reserved Faculty Position

Reserved Faculty Position — Lead Instructor, Functional Nutrition Track

HHH Institute · Calgary, Alberta, Canada · Status: Open — recruitment in progress

This faculty position is reserved for the Functional Nutrition Track and is currently open for recruitment. This page demonstrates the standardized CV format that all future faculty appointments will follow. Replace [TO BE APPOINTED] markers upon hiring.

Track Overview & Anticipated Course Assignments

The appointee will lead instruction for the track below and is expected to author or co-author and deliver the associated courses, consistent with HHH Institute curriculum standards.

Anticipated Course / Responsibility	Format	Track
[TO BE APPOINTED] — foundational course	Certificate	Both
[TO BE APPOINTED] — intermediate course	Certificate	Practitioner
[TO BE APPOINTED] — flagship module contribution	Flagship (in development)	Practitioner
Assessment design & rubric authoring	Cross-course	Both

Professional Summary

[TO BE APPOINTED] — a concise 4–6 sentence summary of the appointee’s background, specialization, and teaching philosophy, consistent with HHH Institute’s evidence-informed, root-cause approach.

Credentials & Certifications

- [TO BE APPOINTED] — credential, certifying body, year
- [TO BE APPOINTED] — credential, certifying body, year
- [TO BE APPOINTED] — credential, certifying body, year

Education

[TO BE APPOINTED] — degree / program

[TO BE APPOINTED]

[TO BE APPOINTED] — institution

- Relevant post-secondary credential in a health, nutrition, or complementary-medicine field.

Professional Experience

[TO BE APPOINTED] — role

[TO BE APPOINTED]

[TO BE APPOINTED] — organization

- Minimum three years' practitioner or applied experience in the subject taught.
- [TO BE APPOINTED] — key responsibilities and accomplishments.

Teaching Experience

[TO BE APPOINTED] — teaching role

[TO BE APPOINTED]

[TO BE APPOINTED] — institution

- Courses taught, curriculum contributions, and learner outcomes.

Specializations

- [TO BE APPOINTED] — area of specialization
- [TO BE APPOINTED] — area of specialization

Continuing Education & Memberships

- [TO BE APPOINTED] — current CPD records (hours/year)
- [TO BE APPOINTED] — professional liability insurance on file
- [TO BE APPOINTED] — vulnerable-sector check (for live cohort work)
- [TO BE APPOINTED] — professional memberships

Insurance & Compliance Record

Requirement	Status
Post-secondary credential (relevant field)	[TO BE APPOINTED]
3+ years practitioner experience	[TO BE APPOINTED]
Current CPD records	[TO BE APPOINTED]
Professional liability insurance	[TO BE APPOINTED]
Vulnerable-sector check (live cohort)	[TO BE APPOINTED]

Languages & References

Languages: [TO BE APPOINTED] · References available upon request.

Appointment process: candidates are screened against the Institute's minimum instructor qualifications, complete a teaching demonstration, and provide verified documentation before appointment. Once appointed, the markers above are replaced with confirmed details.

Reserved Faculty Position

Reserved Faculty Position — Lead Instructor, Homeopathic Medicine Track

HHH Institute · Calgary, Alberta, Canada · Status: Pending Appointment — anticipated Q4 2026

This faculty position is reserved for the Homeopathic Medicine Track, with appointment anticipated in Q4 2026 as the flagship Full Homeopathic Medicine program enters delivery. This page demonstrates the standardized CV format that all future faculty appointments will follow. Replace [TO BE APPOINTED] markers upon hiring.

Track Overview & Anticipated Course Assignments

The appointee will lead instruction for the track below and is expected to author or co-author and deliver the associated courses, consistent with HHH Institute curriculum standards.

Anticipated Course / Responsibility	Format	Track
[TO BE APPOINTED] — foundational course	Certificate	Both
[TO BE APPOINTED] — intermediate course	Certificate	Practitioner
[TO BE APPOINTED] — flagship module contribution	Flagship (in development)	Practitioner
Assessment design & rubric authoring	Cross-course	Both

Professional Summary

[TO BE APPOINTED] — a concise 4–6 sentence summary of the appointee’s background, specialization, and teaching philosophy, consistent with HHH Institute’s evidence-informed, root-cause approach.

Credentials & Certifications

- [TO BE APPOINTED] — credential, certifying body, year
- [TO BE APPOINTED] — credential, certifying body, year
- [TO BE APPOINTED] — credential, certifying body, year

Education

[TO BE APPOINTED] — degree / program

[TO BE APPOINTED]

[TO BE APPOINTED] — institution

- Relevant post-secondary credential in a health, nutrition, or complementary-medicine field.

Professional Experience

[TO BE APPOINTED] — role

[TO BE APPOINTED]

[TO BE APPOINTED] — organization

- Minimum three years' practitioner or applied experience in the subject taught.
- [TO BE APPOINTED] — key responsibilities and accomplishments.

Teaching Experience

[TO BE APPOINTED] — teaching role

[TO BE APPOINTED]

[TO BE APPOINTED] — institution

- Courses taught, curriculum contributions, and learner outcomes.

Specializations

- [TO BE APPOINTED] — area of specialization
- [TO BE APPOINTED] — area of specialization

Continuing Education & Memberships

- [TO BE APPOINTED] — current CPD records (hours/year)
- [TO BE APPOINTED] — professional liability insurance on file
- [TO BE APPOINTED] — vulnerable-sector check (for live cohort work)
- [TO BE APPOINTED] — professional memberships

Insurance & Compliance Record

Requirement	Status
Post-secondary credential (relevant field)	[TO BE APPOINTED]
3+ years practitioner experience	[TO BE APPOINTED]
Current CPD records	[TO BE APPOINTED]
Professional liability insurance	[TO BE APPOINTED]
Vulnerable-sector check (live cohort)	[TO BE APPOINTED]

Languages & References

Languages: [TO BE APPOINTED] · References available upon request.

Appointment process: candidates are screened against the Institute's minimum instructor qualifications, complete a teaching demonstration, and provide verified documentation before appointment. Once appointed, the markers above are replaced with confirmed details.

Faculty Development & Continuing Education Policy

HHH Institute is committed to sustaining a qualified, reflective, and continually improving faculty. The following standards apply to all instructors and are reviewed annually, every June.

Continuing Professional Development (CPD)

Each instructor completes a minimum of [e.g., 20] hours of documented CPD per year in their teaching subject and in pedagogy. CPD records are maintained on file and verified at the annual review.

Peer Review of Teaching

Each instructor participates in at least one structured peer-observation of teaching per year, with written feedback and a brief development plan. Peer review focuses on instructional clarity, learner engagement, assessment quality, and adherence to scope-of-practice.

Student-Feedback Cycle

Anonymous learner feedback is collected at the end of every course. Results are reviewed by the instructor and the Director, summarized into action items, and revisited at the next offering to close the loop on continuous improvement.

International Faculty Development

As HHH Institute develops international faculty capacity — including instructors based in India for future regional delivery and university collaborations under development — the same CPD, peer-review, and student-feedback standards apply, adapted to local equivalencies and verified at appointment.

This policy is owned by the Director and reviewed annually. Effective date: 2026-06-18; Version 1.0.